



When: September 21, 2019

Where: Cub Creek Trails

Downtown Wilkesboro, NC

Entry Fee: \$30

Carolina in the Fall Music and Food Festival presented by Wilkes Communications, Inc. is proud to announce we will be hosting the 4<sup>th</sup> Annual Chad Lovette Memorial Trail Run to benefit the American Cancer Society. The Trail Run will be held on Saturday September 21 at the Cub Creek Trails in downtown Wilkesboro. Our first two runs have been a huge success! Over 500 runners have participated in the event and over \$24,000 has been raised for the American Cancer Society!!

Chad Lovette, a native of Wilkes County passed away on July 9, 2016 after an extended battle with brain cancer. Chad was a graduate of Wilkes Central High School and the University of North Carolina at Wilmington. He was a singer/songwriter and most enjoyed playing music with his band, Green House, and with his brother. His passions were traveling far and wide, hiking, surfing, camping and living large with his family and friends. Chad played in the inaugural Carolina in the Fall Festival in downtown Wilkesboro with his brother Shay's band, Brushy Rides.

All proceeds from entry fees will be donated to the American Cancer Society. Each participant who submits their entry form by September 3rd will receive a Trail Run T-shirt and a Trail Run Patch. Entry forms may be turned in up to the morning of the run, but for any forms received after Sept 3, no T-shirt or patch will be available. The Battles Necessary / Steel Magnolias Relay for Life Team will be on hand to assist during the event. This Wilkes County Fundraising team has spent over 20 years working events to raise money for the American Cancer Society.

**Event Registration:** Entry forms may be emailed to [michelle@heartoffolk.com](mailto:michelle@heartoffolk.com) or mailed / dropped off at 1305 S Collegiate Dr, Wilkesboro, NC. Participants may choose to participate in the 5k untimed, 5k timed or 10k timed. The 5k is one loop on the Cub Creek Trails and the 10k is two loops on this trail. Entry fees may be paid by cash, check, or credit card (via phone or at the office). Make checks payable to Heart of Folk with CLM Trail Run in the 'For' line. Participants may begin checking in at 7:00 am the morning of the run. The run will begin promptly at 8:00 am. Parking for the event is located at **200 S Bridge St, Wilkesboro, NC.**

Racing Toes will be on hand to run the timing of the race this year. Registration may also be done on their website at (<http://www.racingtoes.com/2019-events/>).

**Prizes:** Prizes will be given to overall winners in men's and women's divisions as well as age group divisions. Overall winners will receive a VIP ticket to CITF 2020, age division winners will receive a 2-Day pass to CITF 2020, and 2<sup>nd</sup>/3<sup>rd</sup> place finishers will receive a single day ticket for CITF 2020. Winners may choose the equivalent pass for Saturday of CITF 2019 if they prefer.

Name \_\_\_\_\_

Age \_\_\_\_\_ DOB \_\_\_\_\_ Gender M F

Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Cell # \_\_\_\_\_

Home #: \_\_\_\_\_ 5K timed \_\_\_\_\_ untimed \_\_\_\_\_ 10K \_\_\_\_\_

Shirt Size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

**Assumption/Waiver:** I hereby acknowledge and understand that there is a risk of injury involved in physical activity. I agree to follow the rules for the trail run and all instruction given in order to reduce the risk of injury to myself and other participants. However, injuries may and do occur. Injuries can be severe and in some cases may result in permanent disability or even death. I freely, knowingly, and willfully accept and assume the risk of injury that might occur from my participation in activity described above. In consideration of the Heart of Folk allowing me to participate in this program, I hereby agree to release, waive, discharge, covenant not to sue, hold harmless and indemnify, on behalf of myself, my heirs, personal representatives, assigns, heirs, and next of kin, Heart of Folk, Carolina in the Fall and their respective, agents, employees, directors, members, officers, and other staff members from liability to me, as well as my personal representatives, assigns, heirs, and next of kin, for any and all claims, suits, or causes of action arising from out of any injury, known or unknown, to property or body, that I may suffer from participation in the Chad Lovette Memorial Trail Run.

**Certification of Participant's Fitness and Authorization for Emergency Medical Attention:** I hereby certify that to the best of my knowledge, I am physically able to safely participate in the trail run for which I have chosen to register. In addition, in the event of a medical emergency during my participation in the trail run, I hereby authorize the organizers to call for an ambulance to transport me to an appropriate medical emergency facility for treatment deemed necessary by such facility and/or the medical attendant. I understand and agree that the cost of any such treatment shall be my sole responsibility.

**Photographs/Video:** Photographs and Video will occasionally be taken during activities. By signing this registration form, I consent to the use of pictures for displays, brochures, media coverage and promotional material with no compensation to me.

I have read and understand the waiver(s) above –

Signature \_\_\_\_\_ Date \_\_\_\_\_